#### The Mosley Academy Newsletter

Friday 10th May 2024

#### 20 Years of the New School Building - BBC Visit and Colour Run!

This year marks the 20th anniversary of the new school building as we know it now. The celebrations will now take place on Monday 20th May, as the BBC local news team who covered the opening of the building 20 years ago would like to come back and visit us! The PTFA have kindly agreed to fund a Colour Run on the school field for all of our children to enjoy a splash of colour and fun at the end of the day.



We require your consent for your child to take part in the colour run. This will take place on the school field, with the children running through colourful powder as they celebrate with their friends and teachers. The PTFA will provide a white t shirt for every child, and we ask that you send your child with trousers/shorts and shoes/trainers that you do not mind them getting powder on, as it can stain. Children will need to be in school uniform for the morning and get changed in to their Colour Run clothes during the afternoon. Children MUST wear sunglasses or goggles to avoid any eye irritation - please send your child with a pair. The powder is made from corn starch and natural dyes, so will not cause any damage.

To give consent for your child to take part, please complete the form below before Monday 13th May. Thank you to all those who have already done so!

https://forms.office.com/e/tDLstAatKH

#### Wear It Green Day - Friday 17th May

Next Friday we will be having a 'Wear It Green' Day for Mental Health Awareness Week. Children are invited to wear green - either head to toe, or just a splash! We will be participating in movement activities throughout the day, so please make sure your child wears something they can get active in. Donations to The Mental Health Foundation are warmly welcomed - please see the poster on the next page for full details. Thank you!

# MOSLEY 2024 'WEAR IT GREEN DAY'



# On Friday 17th May we will be celebrating 'Wear it Green Day'

(aswell as the end of SATs week for our year 6s)!

The children are invited to either come head to toe in green or simply wear a splash of green!

Wear it Green Day is for Mental Health Awareness week - where we are trying to raise awareness for good mental health for all!

The theme for Mental Health Awareness Week in 2024 is Movement: moving more for our mental health. Movement can have positive effects on our mental health by reducing stress and anxiety, improving mood, and enhancing our sleep quality and cognitive function.

Moving more has many benefits for our mental health and wellbeing including:



Please consider what your child will be dressed in for this as they will be participating in something active/to get us moving throughout the

day 😙

Finally, we will be collecting donations during 'Wear it Green Day' for The Mental Health Foundation and will be asking our Yellow Caps to collect these in.

Thank you for your support with this!

Miss Twells (Mental Health First Aider)

If you would like to find out more about how you could help your own mental health or understand more about The Mental Health Foundation, the website is www.mentalhealth.org.uk

#### Year 6 - SATS

Next week is the national testing week for all Year 6 children. Miss Fryer and her class of wonderful Year 6 children have worked exceptionally hard this year in order to prepare for their final assessments at primary school and to prepare them for the next phase of their education at



secondary school. The SATS are a culmination of the progress that children make all through their primary years with each year just as important as the previous year.

We wish them all the very best of luck - we already know how fabulous you all are. Smash it Miss Fryer and year 6! Year 6 will be provided with a special SATS breakfast of bacon or sausage sandwiches each morning and are welcome to attend school from 8.00am.

#### **Mosley Loves Reading!**



Following on from the visit from local artist Hayley Goodhead last week, we have invited local author and illustrator Steve Smallman in to share his work with the children later on in the Summer term. He will be signing copies of a number of his books on the day for the children, and these can be pre ordered prior to his visit in June 24th. More info soon once we have this from Steve. Steve will be visiting all classes. For more information about Steve please see his website

Steve Smallman - Award Winning Childrens Book Writer and Illustrator

If anyone has any contacts of authors or illustrators who would be willing to pop in to school please let us know as we love to continually inspire the childen to read, read and read!

We are also on the look out for a vending machine that we can stock with books for the children. If anyone has any contacts or knows where we can purchase a vending machine at a reasonable cost please let us know. We know the children will love this!

#### **Health and Safety - Staff Car Park and Gate**

We have sent a number of Weduc messages out about not using the vehicular access gates on to the staff car park, as this is not for pedestrians at the start or end of the school day. Please do not allow your children to use this at drop off or collection for their own safety. It is a busy carpark during these times with staff and visitor parking. Please can you we respectfully remind you that it is for staff cars only. We know that a number of parents regularly use this to park and have incidents where staff cars have been damaged or blocked in and cannot get out in an emergency. All cars that are parked in the staff car park have signed in so we have a record of who is on the premises. Thank you for supporting the school in this matter.



#### 'Stars in the Spotlight' - JTMAT Drama Excellence

On Tuesday 14th May 17 of our children from Years 1, 2, 4 and 5 will be taking to the stage at the Lichfield Garrick as part of the JTMAT Drama Excellence competition. Over the last few weeks the children have worked incredibly hard with Mrs Kirkpatrick (who is a drama and acting teacher in her spare time) to write

and perform their own poems inspired by the JTMAT Values of Passion, Curiosity, Courage, Tenacity, Resilience and Collegiality. We are very proud of what they have created, and wish them all the best of luck for Tuesday - have an amazing time!

While parents are not able to attend this event, it is our intention to have the children perform these poems at our summer concert, so that the whole school community can see their fabulous work.

#### Sunshine, water bottles, suncream and hats!

The sunshine has arrived and what a difference this makes! We currently have a lot of children attending school without water bottles - please ensure these are sent in every day, especially in the warmer weather. Please can parents also put suncream on your child before school - ideally the 8 hour cream. We are happy for you to send in suncream with your child's name on but only for use by your own child, and to be applied by themselves. A named sunhat is also needed.

Please continue to send in cardigans/ jumpers etc as the British weather can change suddenly as we all know too well! Please ensure they are named too. We have yet again a huge bucket of lost property, all with no names on. Thank you.

#### And finally, a lovely message...

We were thrilled to receive a phone call in the office this morning from a member of the public who, while out walking her dog, met a group of Mosley children biking to school. Not only did these children pass carefully, each child turned to the lady and thanked her for moving aside for them. She was even more pleased when she passed another Mosley child biking to school a few minutes later, and the same excellent manners and attitude were displayed again! She was so impressed by this that she felt we needed to know, and we are so pleased she called.

We don't know who the children were, but wanted to say well done and thank you - we are very proud of you for displaying such excellent character and manners and being the best you can be!

#### Stars of the Week! **Congratulations to....** Ezra Rec Zachary Year 1 Year 2 Elsie Year 3 Isaac M Year 4 Jenson Year 5 Tommy Year 6 Belle

#### **Dates for your Diary 2023 - 2024**

May					
Mon 13 <sup>th</sup>	Y6 SATS week				
Tues 14th	JTMAT Drama Excellence Showcase at the Lichfield Garrick - Invited Students				
Fri 17th	Wear It Green Day for Mental Health Awareness Week				
Wed 22nd	Rec, Y1 and Y2 Multi Skills at JTHS (morning only)				
Wed 22nd	OPAL family play sessions ( 1.15pm - 2pm: Reception, Y1				
	and Y2, 2.15pm - 3pm: Y3, 4, 5 and 6)				
Thurs 23rd	Break Up for Half Term				
Fri 24th	Inset Day				
	HALF TERM				
June					
Mon 3rd	Back to school				
Fri 7th	Family Reading Time 2.45pm (Y3, 4, 5 and 6)				
Wed 12th	Y2 Trip to Tamworth Castle				
Fri 14 <sup>th</sup>	Father's Day Lunch KS2				
Fri 14th	Family Reading Time 2.45pm (Y3, 4, 5 and 6)				
Mon 17th	Father's Day Lunch EYFS/KS1				
Mon 17th	National School Sports Week				
Wed 19th	Governors' Meeting				
Fri 21st	Sports Day and Summer Gala				
Fri 28th	Year 6 Parent Lunch				
July					
Wed 3rd	EYFS & KS1 Seaside Day				
Thurs 4th	KS2 Seaside Day				
Fri 5th	JTMAT INSET Day - School is closed to pupils				
Thurs 11th	Summer Showcase- KS2 Musicians				
Thurs 18th Fri 19th	Leavers Assembly  Good to be Green Enrichment morning				
Fri 19th	Good to be Green Enrichment morning  Break Up for Summer—School will close at 2.30pm				
Mon 22nd	·				
IVIUII ZZIIU	Inset Day SUMMER HOLIDAYS				
SUIVIIVIER MULIDATS					

#### **Attendance - Target 97% or above**

A few missed days of school can soon add up....

Year Group	Days Missed This Week	This Week Attendance %	Days Missed This Year	Year to Date Attendance %
Rec	2	98.3	130.5	97.0
Year 1	9.5	91.5	198	95.2
Year 2	4	96.7	123.5	97.2
Year 3	11	92.7	179.5	95.9
Year 4	9	92.9	317	93.2
Year 5	3	97.6	142	96.9
Year 6	5	95.8	131.5	97.0
Whole School	43.5	95.1	1222	96.1

0 days of school	100%	Perfection
Equates to 2 days off school each year	99%	Excellent
Equates to 5 days off school each year	97%	Good
Equates to 10 days off school each year	95%	Slight Concern
Equates to 20 days off school each year	90%	Concerned
Equates to 30 days off school each year	85%	Very Concerned

Weeks
beginning:
8th April
29th April
20th May
17th June
8th July

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEER 1  Main dish	Tomato 8 basil pasta	Ham & tomato pizza	Roast turkey with mashed potato & gravy	Chicken tikka masala with 50/50 rice	Crispy battered fish & chunky chips
Vegetarian Main dish	Tomato & basil pasta	Margherita pizza with baked potato wedges	Quorn™ fillet with roast potatoes 8 gravy	Quorn™ tikka masala with 50/50 rice	Breaded vegetable fingers served with chips
	Peas & broccoli Salad bar	Roasted vegetables Salad bar	Carrots & cauliflower Salad bar	Green beans & sweetcorn Salad bar	Peas & baked beans Salad bar
Desserts	Shortbread	Marble sponge 8 custard	PB Fruit flapjack	Cheese 8 crackers with grapes	Fruit in jelly
Fresh fruit	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh fruit or Yoghur
or yoghurt  Jacket potato and sandwich selection	Jacket potato and	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

Weeks
beginning:
15th April
6th May
3rd June
24th June
15th July

MEEK 2		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Macaroni cheese	Beef burger with baked potato wedges	Roast chicken with new potatoes & gravy	All day breakfast	Crispy battered fish 8 chunky chips
Vegetarian Main dish	Macaroni cheese	Quorn™ burger with wedges	Vegetarian toad in the hole with roast potatoes 8 gravy	Vegetarian all day breakfast	Quorn™ nuggets with chunky chips
Accompaniments	Peas & sweetcorn Salad bar	Carrots & green beans Salad bar	Broccoli & cauliflower Salad bar	Sweetcorn & carrots Salad bar	Peas & baked beans Salad bar
Desserts	Oaty biscuit with fresh fruit	Fresh fruit 8 ice cream	Lemon muffin	Chocolate brownie	Fruit meringue
Fresh fruit or yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

Weeks beginning: 22nd April 13th May 10th June 1st July

MEEK 3	<b>MONDAY</b>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Margherita pizza with baked potato wedges	Spaghetti Bolognese	Roast beef, with Yorkshire pudding, roast potatoes 8 gravy	Sweet and sour chicken served with rice	Crispy fish fingers with chunky chips
Vegetarian Main dish	Margherita pizza with baked potato wedges	Vegetarian bolognese	Quorn™ fillet with roast potatoes & gravy	Sweet & sour Quorn™ with 50/50 rice	Vegan sausage & chunky chips
	Sweetcorn 8 broccoli Salad bar	Peas 8 sweetcorn Salad bar	Carrots 8 cauliflower Salad bar	Broccoli 8 green beans Salad bar	Peas & baked beans Salad bar
Desserts	Pineapple upside down with custard	Flapjack	Lemon drizzle cake	Chocolate crunch	Fresh fruit 8 ice cream
Fresh fruit or yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection

## Ways to move at home

Mental Health UK

Being physically active is great for our bodies and our minds. Exercise has been proven to reduce anxiety and depression, and it can help us to prevent physical illnesses.

Despite the evidence that keeping physically active can promote good mental health, we know there are barriers preventing us doing so, like accessibility, time, money, body image, lack of open space, or the negative connotations we might associate with 'exercise' itself. That's why we're encouraging you to 'move your way' by choosing an activity that suits you.

There are so many ways we can incorporate movement into our daily lives, especially at home.



#### Why not...

- Take a longer, more scenic route next time you are walking to the shops
- Take a 'movement-break' during TV adverts by doing some stretches, some chair yoga or moving about the house.
- Play your favourite music next time you're doing household chores like vacuuming or washing up
- Make the most of your garden if you have one and get outdoors in the warmer weather
- If you're a parent of a younger child, think of games you could play, such as hide-and-seek, or run an arts and crafts evening
- Start each day with a walk around the block before you progress with your day.

The possibilities are endless when it comes to finding a movement that works for you. Found a creative movement? Post it on social media and tag us!

Want to learn more about the benefits of movement for your mental health? Scan the QR code or head to

mentalhealth-uk.org/movement

© Mental Health UK, 28 Albert Embankment, London, SE1 7GR. Registered Charity Number: 1170815. May 2024.

#### **HOPE Virtual Parent Support**

#### **Awaiting Assessment**

Tuesday 21st May 7pm
Thursday 23rd May 10am



Is your child/YP awaiting assessment for learning difficulties, ADHD, ASC?

What to expect and how to prepare
Understanding duty of education
Where to find help and advice
Useful resources and apps
Self Care

Time for chat and questions

Feel free to listen off camera and mic or use the chat facility to participate

Great signposting, very supportive

> Informative, good to know I'm not alone

#### **HOPE Parent Support Sessions**;

a safe place to find information, chat and learn from each other through shared experience.

To find out more contact your HOPE mentor in school or Keddie on 07508 176043

keddieHOPE2021@outlook.com

Register HERE





https://us02web.zoom.us/meeting/register/tZwsde6gqT0jG9Z1P-U0lckA4Y7KBzYDihxU

# The Teapol Cafe

4 Market Place, Burton upon Trent, DE14 1HA

### Kids 33 eatfor 33

MONDAY TO FRIDAY FROM 3PM TO 5PM

#### It's as easy as 123!

Choose your main
2 sausages or vegetarian sausages
Fish stars

Cheese pizza

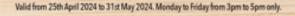
Choose your potato

Chips or mashed potato

Choose your side

Baked beans
Garden peas
Carrot sticks

Cucumber sticks



#### **Barton Rovers FC**



#### **Girls Football**

~ Exciting Opportunity to play Girls Football ~

Are you looking for a new activity or already interested in Football and looking for a local, friendly club?

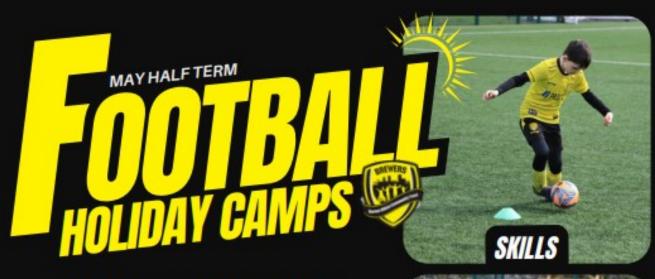
If you are in School years 3 or 4, this opportunity could be for you!

Spaces now available in the U9's team!

Free taster sessions for you to try

Plus, other age group opportunities for years 1 to 11

For more information, please contact Claire: girls.brfc@gmail.com or 07814-469858.



**TUESDAY 28TH MAY** THURSDAY 30TH MAY



£17.50 PER DAY



9:00AM - 3:00PM



4 - 12 YEARS















EFLTRUST INVESTORS IN PEOPLE



KIDS GYM SESSI

8-12 yrs



5-12 yrs



**EN SESSIO** 

13-16 yrs

07368238938 PRIMALINSTINCT. PTMINDER. COM

PRIMAL INSTINCT UNIT 1, 90 PRINCESS STREET. DE14 2NR

