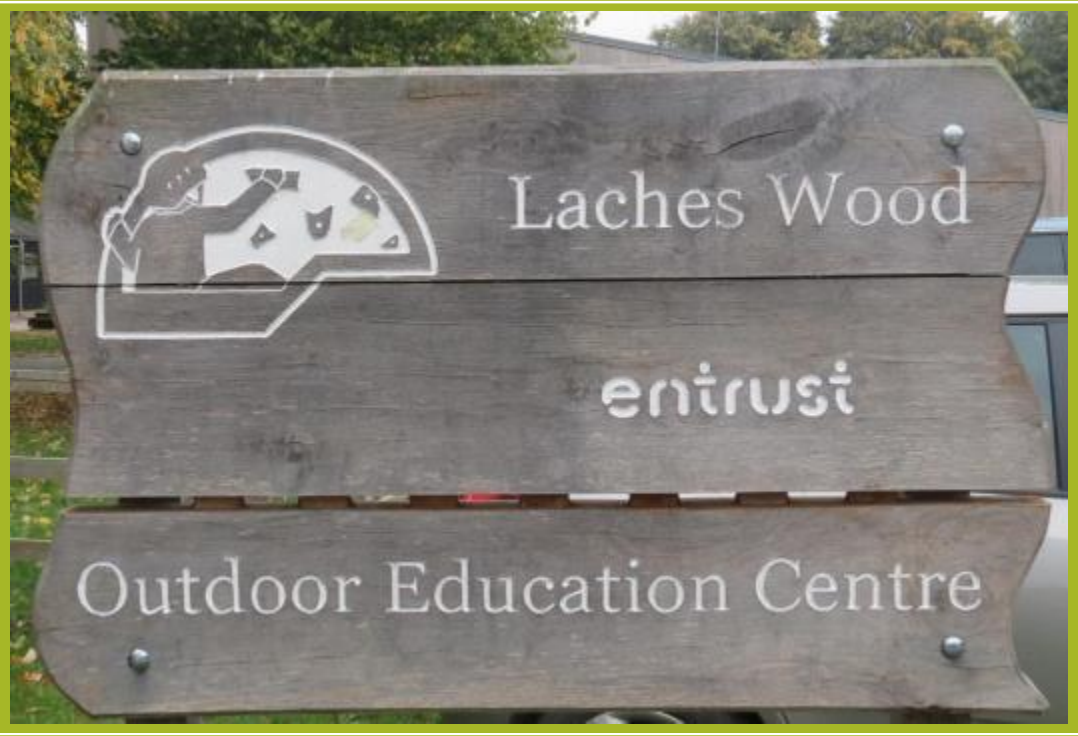


YEAR 6 RESIDENTIAL TO LACHES WOOD

Tuesday 13th-Friday 16th October 2026

Laches Wood 2025

- **Why Laches Wood:**

Laches Wood has a rich mix of natural beauty and woodland shelter, as well as indoor and outdoor adventure.

At Laches Wood, there is a wide range of year-round adventure activities including high ropes, bike trails and indoor climbing and caving.

Entrust Outdoors has a sixty-year pedigree of providing high quality outdoor education for children, young people and adults, with the skills and expertise to deliver a wide range of outcome focused activities.

They encourage all visitors to embrace their 'Explore and Inspire' theme and follow their own path of discovery and adventure.

All activities are led by highly qualified, passionate, and active outdoor practitioners with great experience and some of this country's leading professional awards and training.

Mosley Staff in attendance:

Mrs Claxton (Tuesday), Miss Luce, Mrs Insley, Mrs Marriott

Location:

Wolverhampton (approximately 45 minutes from school)

What do they learn?

- Independence
- Personal Organisation
- New skills and activities
- Teamwork
- Self-reliance
- Self-belief
- Determination and resilience
- An appreciation of home!
- They have AMAZING fun – creating many wonderful memories!

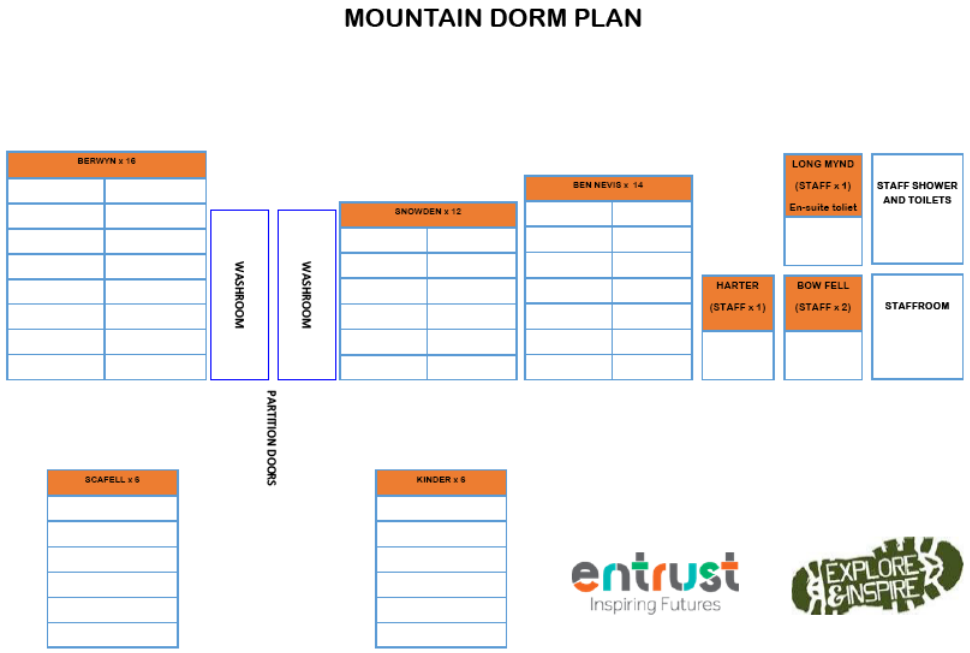
- https://youtu.be/xRXPOS8Ilrc?list=TLGGObZVS-5t9QowNzA2MjAyMg

Dorms: Mountain Block

- Groupings of approx. approx. 6:
  * Decided by Mrs Claxton, Miss Luce, Mrs Rowe and Mrs Day

- Dorm etiquette:
  * No food
  * No electronic devices
  * Keep your clothing and equipment tidy

- Dorm inspections:
  *Every morning by Camp Lead Instructor – 'Best Kept Dorm' awards/points given every day



Overnight Arrangements:

Laches Wood is a secure site that always has a first aid trained member of their staff on site when there are groups staying overnight.

Centre staff will always make sure school staff and children know where to find them in case they are needed during the night.

Dorms are arranged as per the picture on the previous slide. School staff will be placed at regular points for children to access.

Staff will ensure children are safely tucked up in their dorms and will remain awake until all children are asleep, conducting regular perimeter checks.

Children must NOT leave their dorm unless to go to the toilet, in which case they must make their way to the toilet quietly and sensibly, returning straight away.

Children are to remain in their dorms until a school staff member wakes them.

Mealtimes

All Entrust centres are 'nut free' and the caterers are highly competent in providing for a wide range of special dietary requirements and allergen avoidance.

Meal choices will be made upon arrival, and on each of the following days.

Every tap is for drinking water so the children can fill up their water bottle as frequently as they require.

A typical day consists of breakfast, lunch, dinner and evening 'supper'.

Children will sit at 'team tables' and eat with their 'team' and the rest of their school. School staff members will be present throughout.

Laches Wood offers the following menus; main, egg-free, gluten-free, milk-free and vegan.

We will use our school dietary information to inform Laches Wood of the children's dietary needs, as informed by parents and carers.

Menu

Outdoor Education Menu

edwards and ward
a recipe for success

Breakfast

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops

ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Crumpets & Pancakes with Butter, Marmalade & Jam.
Tea, Milk & Fruit Juice

Lunch: Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Classic Beef Burger or Veggie Burger with Potato Wedges	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Margherita Pizza with Fries & Beans	Chicken or Veggie Korma with Pilau Rice
Chicken Nuggets with Potato Wedges	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread	Fish Fingers with Chips
Veg of the Day			
Chocolate Mousse	Iced Sponge & Custard	Ice Cream	Chocolate Shortbread & Custard

Jacket Potatoes or Classic Tomato Pasta

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Children are able to bring a selection of snacks (nut-free) in a named bag that will be handed in to school staff and will be allocated at appropriate times.

Special Menus: egg free and gluten free

Outdoor Education Egg Free Menu

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a recipe for success

Breakfast

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops	Bacon with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops

ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, & Crumpets with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice

Lunch: Cheese, Ham, Tuna (no mayo) Sandwich, Crisps, Fresh Fruit, Shortbread/Flapjack & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Classic Beef Burger or Veggie Burger with Potato Wedges	Pork or Veggie Sausages with Mash & Gravy	Margherita Pizza with Fries & Beans	Chicken or Veggie Korma with Pilau Rice
Chicken Nuggets with Potato Wedges	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread	Fish Fingers with Chips
Veg of the Day			
Chocolate Mousse	Jelly or Mousse	Ice Cream	Chocolate Shortbread & Custard

Jacket Potatoes or Classic Tomato Pasta

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Outdoor Education Gluten Free Menu

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a recipe for success

Breakfast

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon & Egg with Hash Brown & Beans	Sausage with Hash Brown & Beans	Bacon & Egg with Hash Brown & Beans	Sausage with Hash Brown & Beans

ALSO AVAILABLE: Fresh Fruit, Yoghurt, GF Cereals, GF Toast with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice

Lunch: Choice of GF Sandwich, Crisps, Fresh Fruit, GF Shortbread & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Classic Beef Burger in GF Bun with Potato Wedges	Pork or Veggie Sausages with Mash & Gravy		Chicken or Veggie Korma with Pilau Rice
		GF Pasta & Meatballs in Tomato Sauce	
Veg of the Day			
Chocolate Mousse	Jelly or Mousse	Ice Cream	Jelly or Mousse

Jacket Potatoes or Classic Tomato GF Pasta

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

Special Menus: milk free and vegan

Outdoor Education Milk Free Menu

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a recipe for success

Breakfast

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon & Fried Egg with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops	Bacon & Fried Egg with Hash Brown & Beans	Sausage with Hash Brown & Spaghetti Hoops

ALSO AVAILABLE: Fresh Fruit, Cereals, Toast with Spread, Marmalade & Jam. Tea, Oat Milk & Fruit Juice

Lunch: Ham, Tuna Mayo or Vegan Cheese Sandwich, Crisps, Fresh Fruit, Shortbread/Flapjack & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Classic Beef Burger or Veggie Burger with Potato Wedges	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Jacket Potato or Classic Tomato Pasta	Chicken or Veggie Korma with Pilau Rice
Chicken Nuggets with Potato Wedges		Spaghetti & Meatballs in Tomato Sauce	Fish Fingers with Chips
Veg of the Day			
Jelly	Iced Sponge	Jelly	Chocolate Shortbread

Jacket Potatoes or Classic Tomato Pasta

Supper
Hot drink and biscuits

A salad bar, fresh fruit, jelly will be available daily.

Outdoor Education Vegan Menu

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a recipe for success

Breakfast

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Veggie Sausage with Hash Brown & Beans	Veggie Sausage with Potato Waffle & Spaghetti Hoops	Veggie Sausage with Hash Brown & Beans	Veggie Sausage with Potato Waffle & Spaghetti Hoops

ALSO AVAILABLE: Fresh Fruit, Cereals, Toast, with Spread, Marmalade & Jam. Tea, Oat Milk & Fruit Juice

Lunch: Vegan Cheese Sandwich, Crisps, Fresh Fruit, Shortbread/Flapjack & Cold Drink

Dinner

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Veggie Burger with Potato Wedges	Veggie Sausages with Mash & Gravy	Jacket Potato or Classic Tomato Pasta	Veggie Korma with Pilau Rice
Veg of the Day			
Jelly	Jelly	Jelly	Chocolate Shortbread

Jacket Potatoes or Classic Tomato Pasta

Supper
Hot drink and biscuits

A salad bar, fresh fruit, jelly will be available daily.

Souvenir Shop / Pocket Money:

Laches Wood has a souvenir shop that opens on the last day.

They have a great range of souvenirs that children may buy to take home.

Children may bring a small NAMED purse/wallet with them but please do not bring any more than £10.

Small change is advised where possible please.

Purses / wallets will be collected on the morning of the residential trip, by school staff, and kept by school staff throughout the week. Staff will hand the purses/wallets out on the last day, when the shop opens.

Clothing and Equipment

Make sure children know what they have packed!

Pack old clothes that you do not mind getting muddy.

For water sport activities please bring a pair of old trainers which you do not mind getting wet.

NO ELECTRONIC DEVICES / PHONES ALLOWED.

Staff members will not be held responsible for any damage to or loss of equipment or clothing; children are responsible for their own belongings.

PLEASE NAME EVERYTHING!

Children must be able to carry their own bag AND fit it inside their dorm – avoid huge suitcases!

Accommodation	
Dormitory	Camping
Single duvet cover, single sheet and two pillowcases. *(Entrust will provide a duvet and two pillows)*	Sleeping bag, pillow with pillowcase *(Entrust will supply sleeping mats)*

Item	Number	Packed at Home
(Example) T Shirts	4	✓
Underwear		
Socks, including warm, full length long socks for walking		
T-shirts		
Trousers/tracksuit bottoms and shorts		
Warm jumpers		
Outdoor trainers		
Walking boots (if you have them)		
Wellington Boots		
Indoor Activity Trainers		
Residential footwear (e.g. slippers or sliders)		
Waterproof and warm outdoor coat		
Nightwear		
Hat, gloves, scarf		
Sun hat, sunglasses, sun cream		
Wash kit		
Towel		
Water bottle – 1 litre, leak proof is good		
Torch		
Packed Lunch for first day of the visit ***No food containing nuts please***		
Additional Items		
Pocket money for souvenirs		
Plastic bags for wet and dirty clothes		
Lip Salve		
Medication if required. Labelled and given to the Visit Leader		
Pens, pencils and a book to read		

Accommodation	
Dormitory	Camping
Single duvet cover, single sheet and two pillowcases. *(Entrust will provide a duvet and two pillows)*	Sleeping bag, pillow with pillowcase *(Entrust will supply sleeping mats)*

Item	Number	Packed at Home
(Example) T Shirts	4	✓
Underwear		
Socks, including warm, full length long socks for walking		
T-shirts		
Trousers/tracksuit bottoms and shorts		
Warm jumpers		
Outdoor trainers		
Walking boots (if you have them)		
Wellington Boots		
Indoor Activity Trainers		
Residential footwear (e.g. slippers or sliders)		
Waterproof and warm outdoor coat		
Nightwear		
Hat, gloves, scarf		
Sun hat, sunglasses, sun cream		
Wash kit		
Towel		
Water bottle – 1 litre, leak proof is good		
Torch		
Packed Lunch for first day of the visit ***No food containing nuts please***		
Additional Items		
Pocket money for souvenirs		
Plastic bags for wet and dirty clothes		
Lip Salve		
Medication if required. Labelled and given to the Visit Leader		
Pens, pencils and a book to read		

First Aid and Medication:

* All centre staff and school staff in attendance are first aid trained.

*In the event of an emergency, lead teachers will contact Mrs Rowe / Mrs Carlton at school and school will contact parents/carers accordingly.

*If your child suffers from hay fever, asthma, epilepsy or diabetes, it is **essential** that medication, including inhalers etc., is taken, even though it may not be required.

*Please ensure all medication that your child may require during their visit is clearly labelled with their name and the dosage required.

* We will require you to hand medication to school staff on the morning of the residential trip.

* If inhalers are required please check they are full, in date and provide us with a spare.

* If Epipens or similar are required please ensure 2 are supplied.

* If your child is not confident in taking medication please let school staff know.

* All parents/carers are required to complete the 'Medical Information and Consent' form which will be sent home with children. These are also available on request from the school office.

* Please return the medical form on Friday 2nd October at the latest so that the information is as up to date as possible.

* Any questions regarding medical needs or medications then please speak to the school office in advance.

Contact:

* School staff will contact school to advise that children have arrived safely at Laches Wood. School will then notify parents/carers via MCAS of this.

*The lead teacher(s) will contact Mrs Rowe / Mrs Carlton each morning to update school on how the children are doing. School will then notify parents/carers via MCAS of this.

*There is no need for your child to have a phone with them. If a phone is found, this will be taken and kept safe by school staff member(s).

*In the event of an emergency, lead teacher(s) will inform school and school will telephone parents/carers immediately.

*If an incident is serious or continuous poor behaviour occurs, school will be contacted and Mrs Rowe/Mrs Carlton will call parents/carers requesting they collect their child from Laches Wood.

* School staff will contact school to advise when children are leaving Laches Wood. School will then notify parents/carers of this so you can come to collect your child from school early.

* In the unlikely event that you need to contact your child in case of an emergency / unforeseen situation, please telephone school and Mrs Rowe / Mrs Carlton will make contact with the lead teacher(s) accordingly.

Behaviour Expectations:

Children are representing The Mosley Academy and themselves as Year 6 role models.

Should site rules be broken or when behaviour expectations are not met, the following consequences will be applied by the centre and school staff as they deem appropriate:

- Removal of treat/privileges such as free time
- Removal from the activity or from the next activity
- If poor behaviour occurs at or after bedtime, the child will sit with a member of staff until the rest of the children are asleep. The child will then return to their dorm and go straight to sleep.
- In cases of persistent or serious poor behaviour, parents/carers will be contacted and asked to collect immediately.
- All attending children are required to adhere to behaviour code of conduct.

Children:

Please remember, school staff members are 'on duty' with you 24 hours a day and are giving up time away from their families to take you to Laches Wood; please treat them with respect and kindness throughout the week, just as you would in school. Thank you.

Activities at Laches Wood:

Tuesday	Morning 10.30am – 12.30	10:30am - Arrive and introductions Settle into the centre			STAFF
	Afternoon 1.45pm – 5pm	HIGH ROPES		HIGH ROPES	
	Evening 7pm – 8pm	EMOJI TRAIL			
Wednesday	Morning 9.30am – 12.30	CANOEING		CANOEING	
	Afternoon 1.45pm – 5pm	VIKING GAMES FRISBEE GOLF		FRISBEE GOLF VIKING GAMES	
	Evening 7pm – 8pm	GLOBAL DOMINATION			
Thursday	Morning 9.30am – 12.30	ARCHERY AXE THROWING		AXE TROWING ARCHERY	
	Afternoon 1.45pm – 5pm	SEARCH AND RESCUE		SEARCH AND RESCUE	
	Evening 7pm – 8pm	PHOTO TRAIL			
Friday	Morning 9.30am – 12.30	BUSHCRAFT		BUSHCRAFT	
	Afternoon	Depart – 1:30pm			

* Activities will be just our school, with Year 6 being split into activity groups.
*Each group will be accompanied to the activities by a member of our staff as well as a centre activity leader.
* Free time will be spent as a school at set points throughout each day- these will be supervised at all times.

Archery!

* Everyone will experience a morning of archery

*You MUST wear a long sleeved top to take part in archery

* Children with long hair will need to tie their hair back for this activity

Canoeing and water games!

* Everyone will get to enjoy a morning/afternoon ofcanoeing

*It is recommended that old trainers which you don't mind getting (very) wet are worn for this activity

* Canoeing will take place on the very sheltered water of the Staffordshire andWorcester canal

* Weak swimmers and non- swimmers can often still participate. However, if your child is a NON-SWIMMER, please highlight this on the medical consent form

* All centre staff leading activities with water hazards are suitably qualified and experienced to do so, having been specially trained

High ropes!

* Perfect for the 'GoApe' fans!

* Everyone will get a chance to scale the high ropes and face the 'Power Fan' jump…

*It is recommended that you wear long trousers / leggings for this activity and tie long hair back

Search and Rescue!

- This is an integrated, problem solving exercise involving the use of radios for communication, map skills and teamwork

Axe Throwing!

* Put your hand eye coordination skills to the test to see which team can hit the targets in this fun activity! Long sleeves required for this please.

Key things to remember!

* Read through the menus in this presentation.

*Please let us know by if you have any ADDITIONAL dietary requirements to that already known by school.

* Read through and complete the medical and consent forms your child brings home (or request via office email).

* Please return the medical form by Friday 2nd October 2026.

*Read through the Behaviour Code of Conduct and ensure your child understands this.

* Read through the kit list. Paper copies are available on request.

* This is such an exciting opportunity for your child to develop life skills and independence. Wave them off with a smile, enjoy a cup of tea or more and wait for them to return home full of the adventures of the week!

Have the best time!