



All children develop at different ages and stages but if you would like more information on how you can help your child become ready for school please visit: -

<https://foundationyears.org.uk/what-to-expect-when/>

<https://www.pacey.org.uk>

<https://www.gov.uk/government/publications/are-you-ready-good-practice-in-school-readiness>

To find out what is going on within your local area please visit <https://www.staffordshireconnects.info/kb5/staffordshire/directory/home.page>. If you require any further assistance then please contact your Early Years Coordinator.



**We wish you
and your child
happy school
days ahead**



Is your child ready for school?

✓ each milestone off as you prepare for your journey together. Ask Your Child Can I.....

- ☐ Stop what I am doing and listen to you
- ☐ Get myself dressed and undressed
- ☐ Read and can recognise my own name
- ☐ Eat my own lunch
- ☐ Speak up
- ☐ Understand rules and boundaries
- ☐ I am happy to leave my parent / carer
- ☐ Go to the toilet on my own
- ☐ Take turns and share with other people
- ☐ Open and enjoy a book



Helping your child be ready for school starts before they enter the classroom. As soon as children are born they are learning. Everything you do at home helps them to develop social and language skills that prepare them for learning.

Hints and tips on what you can do with your child to help them become ready for school

Listen and Understand

- Help me to play listening games where I have to copy an action
- Help me to use my own toys to make up a story
- Play fun puzzles together like hide and seek or jigsaws

Get myself dressed and undressed

- Give me opportunities to dress up and pretend to be someone else
- Give me opportunities to practise playing dress up with clothes that fasten differently
- I have shoes that are easy to fasten and help me to learn how to fasten them

Read and recognise my own name

- Help me to recognise my name from a selection of words
- Help me to make up silly sentences where each word begins with the same sound as at the start of my name

Eat my own lunch

- Give me opportunities to practise how to drink from a cup with no lid and not spill my drink
- Praise me when I sit at a table and eat my own lunch
- Help me to practise using a knife, fork and spoon

Speaking

- I can tell you how I am feeling
- Praise me when I tell you that I am hungry or thirsty
- Praise me when I tell you that I need to go to the toilet
- Listen to me when I ask for help if I am struggling with something

Understand rules and boundaries

- When tidying up give me simple instructions like “put your toys in the box”
- I understand that when I hear ‘no’ it means I must carefully listen to reasons why I can’t do or have something
- I know sometimes I can not do things I want to do, explain to your child why they can not to run around in shops

I am happy to leave my parent /carer

- Visit the school beforehand with your child
- Reassure your child and share happy experiences of school
- Practice the school run and learn the route to school

Go to the toilet on my own

- Encourage me to wash and dry my hands, praise me when I do this without help
- Most of the time I remember to go to the toilet and wipe myself
- Encourage me to pull up my own underwear and clothes, praise me when I do this without help

Take turns and share with other people

- Role model fairness and sharing, remind me not to snatch and praise me when I share toys with others
- Take me to different places where I can socialise with other children like going to the park or attending my Children's Centres

Open and enjoy a book

- Using the pictures make up a story without reading the words
- Show me how to open a book and turn the pages when sharing a story together
- Visit our local Library and borrow books of my choice